



YOUTH ADVOCACY LEADER

Member Spotlight

Aaron P.

Age: 16 | **Age at T1D diagnosis:** 17 months
From: Boston, MA

Aaron's family connected with the Breakthrough T1D community shortly after his diagnosis. As he got older, Aaron wanted to do more than just manage his T1D, so he started getting involved with Breakthrough T1D Advocacy and sharing his experiences. Aaron applied and was invited to attend Breakthrough T1D 2025 Children's Congress last summer and met with his Members of Congress in Washington, D.C.

Aaron is a very active ballroom dancer. He started sharing his experience on Instagram to raise awareness and show other kids that diabetes doesn't have to stop them from doing what they love. Currently, Aaron uses the Omnipod pump and Dexcom G7 CGM.

Aaron also developed BoostT1D (www.boostt1d.com), a technology project that helps people with T1D analyze glucose patterns and estimate carbs from food photos. In addition, it offers opportunities to volunteer to help newly diagnosed youth. The project won the Congressional App Challenge in his district and the Eastern Region, and his goal is to keep improving it to help more people manage their T1D. One of Aaron's role models is Dr. Aaron Kowalski, Breakthrough T1D's Chief Executive Officer. At Children's Congress, Aaron was able to meet Dr. Kowalski and show him the BoostT1D app he built.

Aaron is also very grateful to Dr. Saleh Adi, his endocrinologist at UCSF after diagnosis. He helped Aaron's family navigate those first difficult years with T1D, and they still remember his support.

Aaron is especially passionate about accelerating innovation in diabetes technology and making sure people have access to the tools they need. Devices, data analysis, and better algorithms can make everyday management much easier for people living with T1D!



Aaron at the 2025 Breakthrough T1D Children's Congress.